





# Lemtrada® Patient Information

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## WEEK PRIOR TO LEMTRADA INFUSION

- Fill prescriptions for Hydroxyzine, Acyclovir and Demerol - bring the Demerol to the office each day
- Purchase a 30-day supply of OTC Zantac (ranitidine) and Zyrtec (cetirizine) - generic medication is acceptable
- Purchase Ibuprofen and Benadryl (diphenhydramine) tablets - keep the Benadryl at home, bring the Ibuprofen to the office each day
- Begin drinking plenty of water, especially the weekend before your infusion

## MEDICATION SCHEDULE

			INFUSION DAY 1 <small>(bring Demerol &amp; Ibuprofen)</small>	INFUSION DAY 2 <small>(bring Demerol &amp; Ibuprofen)</small>	INFUSION DAY 3 <small>(bring Demerol &amp; Ibuprofen)</small>	INFUSION DAY 4 <small>(bring Demerol &amp; Ibuprofen)</small>	INFUSION DAY 5 <small>(bring Demerol &amp; Ibuprofen)</small>		
	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	Hydroxyzine Acyclovir Zyrtec Zantac	Hydroxyzine Acyclovir Zyrtec Zantac	Hydroxyzine Acyclovir Zyrtec Zantac	Hydroxyzine Acyclovir Zyrtec Zantac	Hydroxyzine Acyclovir Zyrtec Zantac	Hydroxyzine Acyclovir Zyrtec Zantac	Hydroxyzine Acyclovir Zyrtec Zantac	Hydroxyzine Acyclovir Zyrtec Zantac	Hydroxyzine Acyclovir Zyrtec Zantac
PM	Acyclovir	Acyclovir	Acyclovir	Acyclovir	Acyclovir	Acyclovir	Acyclovir	Acyclovir	Acyclovir

Hydroxyzine (for rash/itching) and Demerol (for body aches/headaches) can be taken every 6 hours on any of the infusion days as needed

**Bring your bottle of Demerol/Ibuprofen with you to your infusion appointment each day in case you need to take it**

## AFTER LEMTRADA INFUSIONS ARE COMPLETED

- Continue to take Acyclovir twice daily until instructed to stop by your doctor (you might be taking this medication for 2-6 months)
- Continue to take the Zyrtec and Zantac daily until all of your tablets are done (no need to continue to take these medications after 30-days)
- Call your doctor if you develop any unusual symptoms (rash/difficulty breathing/change in urine/unusual bleeding or bruising)
- Have your monthly blood samples drawn and urine specimen collected